

Desert Hills Fitness Center

The scope of this project is to expand and modernize the Desert Hills Fitness Center. The current Fitness Center is located on the lower level in the northeast corner of the existing two-story building. The proposed new project will relocate the new Fitness room into the +/- 5,000 SF space formerly occupied by the outdoor Shuffleboard Courts. This space is exterior, but already partially enclosed by walls on three sides and the second floor above. Existing bearing walls and columns support the floor above and must be maintained and incorporated into the new design. The existing ceiling clear height is +/- ten feet clear, and new ceiling height will be similar.

The proposal employs insulated glazed, thermally- broken aluminum storefront on the east elevation to enclose the new Fitness Center. The monitors' control desk is located on the north, adjacent to the main entry. A self-serve cafe and Personal trainers shares the desk. Cardio equipment is oriented along the new storefront to take advantage of daylight and pleasant pool views. Strength circuit training is located behind the desk. A TRX-style "suspension trainer" apparatus is planned along the back wall. Cardio equipment is arranged on the east to take advantage of great pool views. Free weights are on the west near a wall of mirrors. Ample space is allowed for warm up, cool down and stretching.

This option includes two fitness studios: a central Spin bike studio and a Multipurpose Fitness Studio. The 500 SF Spin Studio encloses the existing foundation walls with interior glazed storefront. The existing 1,300 SF Billiards room is proposed to be remodeled into the Multipurpose Studio.

LEGEND

-  Circulation
-  Storage
-  Control Desk
-  Personal Trainers
-  Cardio
-  Strength
-  Circuit Training
-  Multipurpose Studio
-  Cafe / Sales
-  Warm-up / Stretch
-  TRX Suspension training
-  Spin Studio

OPTION D 

SCALE: 3/32" = 1'-0"

February 23, 2022

